

Inpatient and Outpatient Behavioral Health Services

for Adolescents, Adults and Older Adults



We offer:

- Inpatient Services
 - Adolescents ages 13-18
 - Adults ages 18+
 - Older adults ages 50+
- Partial Hospitalization Program
 - Adolescents ages 13-18
 - Adults ages 18+

Inpatient Services

Inpatient psychiatric and co-occurring substance use services for adolescents, adults and older adults focus on crisis stabilization, intensive care, medication management, group therapy and aftercare/discharge planning. We offer specialized services for adolescents such as tutoring. We also provide specific adult programming as well as programs for older adults ages 50 and above in separate, dedicated units.

Programming focuses:

- Crisis stabilization
- Intensive care
- Medication management
- Coping and recovery skills
- Group therapy
- Psychoeducation
- Emotion regulation
- Stress management

For referrals, call 781-829-7121.

Admission is offered on a 24-hour basis. We accept Medicaid, Medicare and most commercial insurance.



Pembroke Hospital is licensed by the Department of Mental Health (DMH) and accredited by The Joint Commission.



Inpatient Treatment
199 Oak Street
Pembroke, MA 02359
781-829-7000

Partial Hospitalization Program
20 Winter Street
Pembroke, MA 02359
781-829-7140

NOW OFFERING Virtual Partial Hospital Programming at



Connecting with your treatment team has never been easier.

To ensure our patients stay connected, we are using Zoom for all of your treatment needs. To make an appointment, call **781-829-7121**. Referrals are not required — self-referrals are accepted.

Adolescent Partial Program

This voluntary program serves adolescents ages 13-18 who are struggling with mental health challenges such as depression, anxiety or mood-related symptoms.

The multidisciplinary team includes psychiatrists, psychiatric nurse practitioners, therapists and tutors. The team can provide medication management, coping skill groups, individual check-ins and discharge and aftercare planning. Cognitive Behavioral Therapy and Dialectical Behavior Therapy are used to help stabilize moods and improve functioning.

Program hours are from 9 am to 2 pm, five days a week.

Program goals:

- Promote stabilization of mood and behavior
- Establish a comprehensive aftercare plan
- Educate families about mental illness
- Improve communication skills
- Establish a framework for resolving conflicts
- Provide medication assessment and treatment

Adult Partial Program

The Adult Partial Programs are group-focused for patients with mental health issues and co-occurring substance use disorders.

Multidisciplinary treatment can include:

- Mood regulation
- Medication management
- Group therapy
- Individual check-ins with a therapist
- Family meetings
- Dialectical Behavior Therapy
- Cognitive Behavioral Therapy
- Weekly visit with a nurse practitioner or doctor
- Discharge planning

Program hours are from 10 am to 3 pm, five days a week.

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