

# Get back on track with **Pembroke Hospital**

**Partial hospitalization** can help when patients need more structure than traditional outpatient services or serve as a step-down treatment following an inpatient stay. This program provides short-term intensive therapy to help stabilize moods and improve functioning in a nurturing setting.

The group-based therapy format gives patients the benefits of:

- Learning from others
- Gaining needed support
- Role models from peers
- Developing coping skills to improve daily functioning

Patients receive treatment from a multidisciplinary team that includes:

- Psychiatrist/Psychiatric Nurse Practitioner
- Master's-level clinicians/counselors

## **WE CAN HELP.**

Call Pembroke today at **1-833-PEMBROKE** or visit [pembrokehospital.org](http://pembrokehospital.org) for more information. We are here to serve you 24 hours a day, 7 days a week.



**PEMBROKE**  
**HOSPITAL**


[pembrokehospital.org](http://pembrokehospital.org)

## Specialized treatment for Adolescents and Adults:

Partial Hospitalization is an intensive, highly structured program that promotes healthy skill development through Dialectical Behavior Therapy and Cognitive Behavioral Therapy. Separate programs are designed for each age group, adolescents 13-17 and adults 18+.

### Programming includes:

- Multiple therapeutic groups daily
- Medication management
- Support of social and emotional goals to increase daily functioning
- Collaboration with families, outpatient providers and schools
- One hour of academic tutoring for adolescents



**90%**... of our patients report that they felt better at discharge than when they were admitted.

**95%**... of our patients report that they were satisfied with their treatment.



Partial Hospitalization Programs  
20 Winter Street | Pembroke, MA 02359  
1-833-PEMBROKE | Fax: 781-829-7142  
[pembrokehospital.org](http://pembrokehospital.org)

PHP is located directly across the street from Pembroke Hospital.

Physicians are on the medical staff of Pembroke Hospital, but, with limited exceptions, are independent practitioners who are not employees or agents of Pembroke Hospital. The facility shall not be liable for actions or treatments provided by physicians. Model representations of real patients are shown. Actual patients cannot be divulged due to HIPAA regulations. For language assistance, disability accommodations and the non-discrimination notice, visit our website. 195104-7122 11/19